

## **Okada Manila Advocates for Mental Health Awareness in the Workplace with Month-Long Initiatives**

**MANILA, 18 October 2024** – In line with the global celebration of World Mental Health Day, [Okada Manila](#) is proud to announce its continued commitment to promoting mental well-being within the workplace through a series of dedicated activities and initiatives for its team members. This year's campaign, themed **"It's Time to Prioritize Mental Health in the Workplace,"** emphasizes the importance of fostering a supportive and healthy work environment where mental health is not only protected but prioritized for all.



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As an active participant since 2019 in the #LightUpBlueforMentalHealth campaign of the Philippine Mental Health Association (PMHA), Okada Manila has consistently advocated for the promotion of mental health in the country. PMHA, a private, non-stock, non-profit organization, provides premier mental health services through education, advocacy, intervention, and research. Okada Manila's ongoing partnership with PMHA and Medicard Philippines reflects its steadfast support for mental health advocacy and its commitment to creating a workplace culture that values and supports the mental well-being of its employees.



*Okada Manila's celebration of Mental Health Day reflects its alignment with the global call to action to advocate for healthier and more inclusive workplaces where mental health is not only discussed but prioritized.*

"At Okada Manila, we believe that the well-being of our workforce is a cornerstone of our success. As we celebrate Mental Health Day alongside the global community, we are dedicated to creating a work environment that values and prioritizes mental health," said Byron Yip, President and Chief Operating



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Officer of Okada Manila. “Our commitment includes robust policies and extends into meaningful actions and initiatives that enhance the well-being of our team members. We are proud to champion this cause as part of our Okada Green Heart program’s Talent and Community pillar.”

To commemorate this occasion, Okada Manila has organized a variety of activities throughout the month, including wellness workshops, meditation and yoga sessions, a mental health talk by experts from Mediacard Philippines, and a film showing of *Inside Out 2*. Additionally, the Human Resources Division conducts full-day internal trainings focused on stress management, featuring seminars and practical workshops led by mental health professionals. These initiatives, combined with free one-on-one counseling sessions for team members, aim to foster awareness, promote resilience, and encourage a culture of mental health and well-being within the organization.

Okada Manila’s celebration of Mental Health Day reflects its alignment with the global call to action to advocate for healthier and more inclusive workplaces where mental health is not only discussed but prioritized. Through its Environment, Social, and Governance (ESG) partnerships and comprehensive well-being resources, Okada Manila aims to contribute to a broader dialogue on mental health, both within the organization and the wider community.

To learn more about Okada Manila’s comprehensive sustainability initiatives and the Okada Green Heart program, please visit our website at <https://www.okadamanila.com/okada-green-heart>

### **About Okada Manila**

Okada Manila, a Forbes 5-star destination in the Philippines, seamlessly blends unmatched hospitality, gaming, and entertainment across 30 breathtaking hectares. Known for its unique service philosophy, Okada Manila combines the warmth of Filipino hospitality with the precision of Japanese excellence, ensuring every guest feels truly special.

Guests can marvel at The Fountain, a world-renowned water choreography masterpiece, or dance the night away at Cove Manila, the world's largest indoor beach club and nightclub, setting the standard for



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leisure and nightlife. The expansive gaming floor, the largest in the Philippines, features a wide array of table games and electronic gaming machines. Exclusive clubs like Perlas, Maharlika, and the VIP Club offer elite gaming experiences for discerning guests.

For families, PLAY and Thrillscape provide exciting and engaging entertainment options designed to cater to both developmental and recreational needs. The Sole Retreat and the Forbes 5-star-rated The Retreat Spa offer sanctuaries promoting wellness and relaxation. Culinary delights await at over 40 dining venues, and a variety of shopping options ensure convenience and luxury at your fingertips.

Business travelers will find state-of-the-art facilities for meetings, incentives, conferences, and exhibitions (MICE), offering well-appointed spaces equipped with the latest technology. The Okada Manila Entertainment Group (OMEG) brings world-class performances to life, enriching the vibrant entertainment landscape.

Guests can stay in one of 1,001 luxurious accommodations, each designed for comfort and sophistication. Digital innovations, including the Okada Online Casino and the Okada Manila App, make it easier than ever to enjoy the offerings.

Okada Manila is the ultimate destination for leisure and entertainment. Visit [www.okadamanila.com](http://www.okadamanila.com) to explore.

### FOR MORE INFORMATION, PLEASE CONTACT:

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